



Woolwich Community  
**HEALTH CENTRE**

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*and* Wellesley Township  
**COMMUNITY HEALTH CENTRE**

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### Canadian Lung Health Test

- Do you cough regularly?
- Do you cough up phlegm regularly?
- Do even simple chores make you short of breath?
- Do you wheeze when you exert yourself, or at night?
- Do you get frequent colds that persist longer than those of other people you know?

If you answered yes to any of the following questions, talk to your doctor or healthcare provider about a test called Spirometry offered here at WCHC and WTCHC.